

V. Joy Edwards

Meet Your Hosts

The Edwards Law Group: A family law firm dedicated to empowering individuals through life transitions with compassionate legal guidance and tailored support.

Anne Pedrick, APC, NCC: A licensed therapist specializing in grief, trauma, relationship counseling and helping individuals build self-confidence and identity as they navigate personal growth and new beginnings while processing past experiences



Overview:

What to Expect When

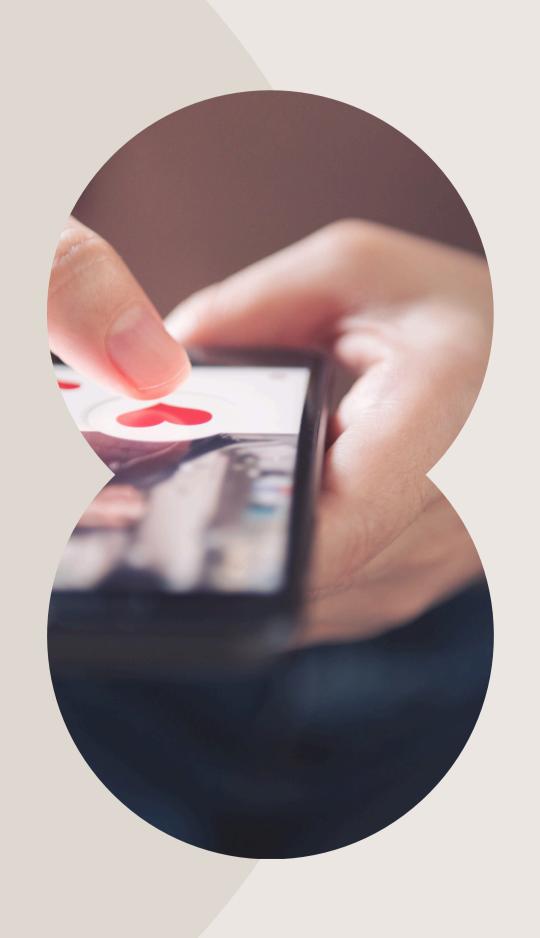
Moving On



Know the Signs: Red Flags in Relationships

- Common patterns to watch for in potential partners.
- How to trust your instincts and set healthy boundaries.





Beyond the Usual: Exploring New Avenues

Nearly 60% of divorced individuals have tried online dating, with many finding it a convenient way to meet new people while balancing the demands of post-divorce life.

Beyond the Usual: Exploring New Avenues

- How online dating has reshaped modern relationships.
- Tips for staying safe and authentic in digital spaces.
- Alternative ways to meet people (e.g., hobbies, volunteer groups).



Rediscovering You



1

Steps to rebuild your selfesteem post-relationship. 2

The power of self-care and personal growth.

3

Setting achievable goals for the next chapter of your life.

Interactive Q&A; Your Questions, Answered

 We encourage participants to ask questions live or submit them anonymously.



Take the Next Step

Learn more about The Edwards Law Group's services for individuals navigating life transitions.

Schedule a consultation with Anne Pedrick, APC.

Links to resources (e.g., self-confidence guides, online dating safety checklists).



Thank You for Joining Ms!

- The Edwards Law Group (770)723-7211 conatctus@edwards-lawgroup.com
- @edwardslawgroup@interlinked_counseling
- We are here to help, however we can. You got this!